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Character-Wise Conversations

Duration

1 day.

Objective(s)

Energize your working relationships by facilitating **effective conversations** and leading effective meetings. Improve team morale and work productivity by overcoming the basic cause of misunderstanding and miscommunication – *the inability to master difficult conversations*. Follow the three wisdom paths of a stable heart in creating a high team performance culture.

- 1. Control <u>My Tongue</u> (Apply the Principle of *Discernment*)
 - Looking out for key words.
 - Identifying personal feelings and motivation.
 - Apologizing sincerely to create trust.
- 2. Control <u>My Prejudice</u> (Apply the Principle of *Perspective*)
 - Practicing team parallel thinking.
 - Turning statements into questions.
 - Clarifying standards based on character.
- 3. Control <u>My Reaction</u> (Apply the Principle of *Respect*)
 - Avoiding blame-laden words.
 - Contributing with positive energy.
 - Focusing on needs instead of fear.

Who should attend

Managers, Team Leaders, Project Managers, Executives, Department Heads, Management Trainees.

Course description

Character-Wise Conversations training provides an in-depth approach to improving team morale and work productivity by overcoming the basic cause of misunderstanding and miscommunication – the inability to master difficult conversations. Training in *conversations* is much needed in today's organization where policy and system changes alone cannot produce sustainable results. What is needed is not more communications but more conversations. Following is the T-A-L-K structure for a character-wise conversation:

- **<u>TEAM CONVERSATIONS</u>** *The perspective from others increases innovation and prevents blindspot mistakes.*
- <u>ACCOUNTABILITY</u> CONVERSATIONS The need to appeal to conscience by applying universal character standards.
- **LEARNING** CONVERSATIONS The most effective learning takes place one conversation at a time where there is trust, safety and honesty.
- **<u>K</u>INDLING** CONVERSATIONS

The best type of conversations are those that generate light – though uncomfortable, it reveals who I am and more importantly, who I can be.

Course outline

Module	Learning Objectives
Conversations and Stress	 Identify the stress of a non-conversational culture. Contrast the difference between communication and conversation. Understand the philosophy of "<i>Fast is slow, Slow is fast</i>".
The Heart of a Character- Wise Conversation	 Identify the center of stability for consistency. Distinguish the interaction of mind, will and emotions. Gain <i>discernment</i> by controlling your tongue. Gain <i>perspective</i> by controlling your prejudice. Gain <i>respect</i> by controlling your reaction.
Gain Perspective : Practice the Power of Thinking in Parallel	 Expose the fallacy of adversarial thinking. Recognize the contributive power of conversations. Expand the benefits of parallel thinking. Identify the main line of conversational thoughts. Application: <i>Team</i> Conversations.
Gain Discernment : Practice the Authenticity of Personal Connections	 Sensitizing oneself to look out for key words. Practice the steps of sincere apologies. Increase individual loyalty through the skill of conversational "peeling". Application: <i>Accountability</i> Conversations.
Gain Respect : Practice the Energy of Positive Contribution	 Recognize the conversational impact of demonstrating right respect. Reject the short-term gains of playing the blame-game. Focus on right conversational energy by focusing on the power of right words. Choose to develop character in spite of personality limitations. Application: <i>Learning, Kindling</i> Conversations.

For more information: http://www.goodmonday.com/conversations